

## Late Arrival?



WINTER IS SLOWLY MAKING ITS WAY TO CHEQUAMEGON BAY. ACCORDING TO THE NATIONAL WEATHER SERVICE, THE LAST TIME WE HAD A JANUARY THIS MILD WAS 2003. THE QUESTION NOW IS WILL THERE BE ENOUGH SNOW AND ICE FOR BOAT ACROSS THE BAY THIS FEBRUARY? SPEAKING OF BATB, ANYONE HERE VOLUNTEERING? IF SO, LET US KNOW!

We want to hear from you!

We're still taking naming ideas for our newsletter. Send your best ideas for a chance to win \$50! to: [bprobst@ashlandmmc.com](mailto:bprobst@ashlandmmc.com) or drop them off in the PR office. Also be sure to email or drop off some of your favorite photos to be featured on the back page and share any story ideas or upcoming events. Thanks for reading!

## Upcoming Events

### Relay for Life Bar Time

January 18, 2 pm

#### Cafeteria

Support Team MMC while enjoying some yummy treats.

P. S. More than \$700 was raised for cancer research during the December bake sale!

### Pre-Diabetes Class

January 19, 2 pm

#### Twin Islands

Topics include the risks involved in developing pre-diabetes, the benefits of healthy eating and increased activity. This class is free to employees.

### Intro to Yoga

January 25, February 1, 8, 15, 4:30-5:30 pm

#### Twin Islands

Drop-in and try yoga for just \$7 per session. *Intro to Yoga* will be taught by Ashland Yoga Studio Instructor Jess Fairbanks. Employees interested in trying yoga are encouraged to drop in on as many sessions as they'd like. No registration is required.

### Sherry Lipske Raffle

March 22, 2 pm

#### Cafeteria

Watch for additional information in your paychecks and in your departments about this annual fundraiser, including how you can participate! All proceeds benefit the Sherry Lipske Fund.